SIR david martin FOUNDATION

helping young people in crisis

2023-2024 ANNUAL REPORT

Kc Rae Aboriginal Artist, *"Connection: Walking Together"*, 2023.

Kc Rae is an Aboriginal woman of the Kamilaroi nation. She states, "This artwork represents reconnection, healing, and walking in one's truth. Featuring depictions of community, relationship building, and connection, this piece is a testament to the strength that can be found in personal and collaborative healing journeys."

Acknowledgement of Land

In the spirit of reconciliation, Sir David Martin Foundation acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community.

We pay our respect to their elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

About Sir David Martin Foundation

Sir David Martin Foundation is a charitable Trust. The Foundation is run by a small team of staff that is overseen by a Board of Directors. The Trustee is Sir David Martin Foundation Ltd, (ACN 676 472 834, ABN 375 066 732 86). The Foundation is a DGR 1 charity and registered with the ACNC.

Sir David Martin Foundation acknowledges Mission Australia, our service partner, who own and run programs at Triple Care Farm and deliver Aftercare programs for Youth Network.

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Her Excellency the Honourable Margaret Beazley AC KC is the 39th Governor of New South Wales, commencing her five year tenure on 2 May 2019.

Prior to her appointment as Governor, Her Excellency enjoyed a long and distinguished law career spanning 43 years, during which time she served as a role model for women in law at both the state and national level.

Her Excellency brings her deep commitment to education, youth leadership, human rights and social justice to the role in service of the people of New South Wales.

A NOTE FROM OUR PATRON

Her Excellency the Honourable Margaret Beazley AC KC Governor of New South Wales

As Patron of the Sir David Martin Foundation, I am delighted to contribute to this year's annual report, reflecting on another year of transformative work in supporting young Australians.

The Foundation's commitment to Sir David's vision of providing "safety, hope and opportunity" to vulnerable youth continues to inspire and drive meaningful change. This year marks a significant milestone as the Foundation transitions to independence, a testament to its growth and the enduring relevance of its mission.

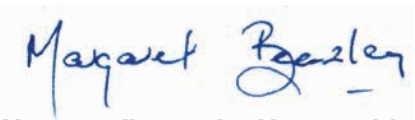
I am particularly heartened by the outcomes recorded in 2023 across all programs supported by the Foundation with 68% of young people engaged in education and employment pathways, and 96% now in safe and stable housing. These figures represent lives transformed and futures reclaimed.

The continuing expansion of the Aftercare program this past year, following the launch of the Youth Network in 2022, demonstrates a responsiveness to evolving needs. By broadening its reach to more locations, extending the age range of those served, and increasing representation of LGBTQI+ and Indigenous young people, the Foundation is making strides in inclusivity and comprehensive care.

I also commend the launch of a Digital Awareness Campaign during NSW Youth week in April aimed at reducing the stigma surrounding youth addiction, with a downloadable 'Conversation Starter Toolkit' to help young people concerned about their friends' drug and alcohol use.

To all donors, partners, and supporters: your generosity continues to be, as one Triple Care Farm graduate remarked, "literally life-saving." Your ongoing support ensures that Sir David's legacy endures and evolves to meet the challenges of today's youth.

As we look to the future, I am confident that Sir David Martin Foundation will continue to be a beacon of hope, providing crucial support to young Australians in need.



Her Excellency the Honourable Margaret Beazley AC KC
Governor of New South Wales

“Triple Care Farm kickstarted me into education. While I was there, I did my forklift licence which gave me the belief and confidence that I could do it. It set me up to enrol in TAFE and work part time as well.”

FROM THE CHAIR

Will Martin

It is my honour to present our annual report for FY23/24, a year marked by significant transitions and remarkable achievements in supporting vulnerable young Australians.

This year has been pivotal in the evolution of our Foundation as we concluded a major governance restructure, transitioning to independence from 1 July 2024. I extend our gratitude to Mission Australia for their decades-long role as our Trustee and look forward to continuing our partnership with them as our service delivery partner.

This year we were delighted to welcome Anna Beaumont, previously a member of the team, to our Board as she brings so many years of deep understanding, fundraising experience and extraordinary relationships to our organisation and governance team.

As we embrace this new chapter of independence, I pay tribute to our outgoing Board members, Andrew Sharpe, Annalie Davies and Saskia Lo, who have moved to our Fundraising Committee. Their superb contribution has made a genuine difference, not just to the Foundation but to the lives of the young people we seek to support.

Our focus remains steadfast on these young people that we serve. Their resilience and courage inspires our work daily. Guided by our core values of respect and compassion, we continue to provide vital support, ensuring every young person feels valued and empowered.

This year saw the successful launch of Team180, a regular giving program, which not only provides sustainable funding but also builds a community of committed supporters. We are deeply grateful to all our donors, whose generosity and compassion make our work possible. We also acknowledge those who have passed but whose legacy lives on through their thoughtful and generous bequests.

I extend a special thanks to King & Wood Mallesons for their invaluable pro bono support during our governance transition. Their expertise has been crucial in ensuring a smooth and effective restructure.

Our dedicated staff deserve special recognition for their resolute effort and adaptability during the transitional period. Their dedication remains the backbone of our organisation.

The stories in this report are testament to the transformative power of collective effort and the impact of your support. As we look to the future, we remain dedicated to creating safety, hope and opportunity for young Australians.

Thank you for standing with us as we continue to make a positive difference in the lives of those who need it most.

OUR 2025 STRATEGY

We created our 2025 strategic directions to support and build pathways for more best practice models of treatment for youth drug and alcohol addiction.

Strategy 2021-2025: 30 Years and Beyond

Build best practice treatment for youth drug and alcohol addiction

Strategic directions

1. Help vulnerable young people get well through continued support of Triple Care Farm
2. Raise awareness of youth drug and alcohol addiction as a health and social condition
3. Collaborate with sector to reach more young people
4. Expand Youth Network to keep young people well after treatment
5. Extend philanthropic reach to address high demand

Proposed outcomes

Suicide prevention | Pathways to education and employment

Future focus

Collaboration
Develop partnerships within sector to address demand

Awareness
Increase evaluation and evidence

Funding
Fund models of treatment that expand on existing best practice and innovate to address unmet need

"We must be constant ambassadors for a cleaner, more honest, happy and sincere society."

– Sir David Martin

OUR HISTORY

Sir David Martin Foundation is a family foundation, dedicated to helping young people in crisis.

Founded by Lady Martin, honouring the vision of her late husband, Sir David Martin, of 'safety, hope and opportunity,' we believe that young people have the capacity to make sustained, positive change, when given the appropriate support.

During his time as Governor of NSW, in a heartfelt address to the Australia Day Council of New South Wales, Sir David expressed his profound concern for the nation's young people:

"…All those youngsters living away from their homes, in the back streets, the tunnels and the gutters, existing on a diet of drugs, violence, sickness and disease, cold, hopelessness and loneliness. That's a big mess to clean, but we shouldn't have let it get so fouled up. Every one of us has to try harder to bring all children up properly and prepare them to inherit Australia from us. These children are our most important assets for Australia's future, yet we are carelessly squandering those assets…."

While in the Vice Regal role, Sir David witnessed many young people caught in the destructive world of drugs, alcohol, homelessness and abuse. As he faced his cancer diagnosis, he wanted to leave a legacy that would give these young people a brighter future.

Since 1990, the Foundation has focused on helping young people in crisis. We have:

- Raised over $75 million for youth addiction programs.
- Funded best practice models of treatment for young people with drug and alcohol addiction.
- Driven the establishment of the first youth specific Withdrawal Centre in NSW.
- Launched the Youth Network, a nationwide expansion of Aftercare to keep more young people well, after treatment.

WHAT WE DO

Sir David Martin Foundation is the major philanthropic funder of Mission Australia's Triple Care Farm, a unique youth-specific addiction treatment centre which gives Australians aged 16-24, a safe place to get well and prepare for new opportunities. Here, young people are given a personalised approach to help them on their recovery journey.

Central to our strategy is support of programs that offer a health and holistic approach to youth addiction. This includes Withdrawal, Residential Rehabilitation, and Aftercare. These programs provide a safe place for young people to get well, prepare for new opportunities, and create lasting change in their lives.

The Triple Care Farm model of treatment is based on harm minimisation and personalised care, where young people can address the issues that are impacting on their ability to live an addiction-free life.

Treating addiction in Australia requires a national strategy to address the complex landscape of youth addiction and reach every young individual in need. A national strategy will streamline resources, foster collaboration among stakeholders, and ensure that evidence-based approaches are available to all who need help.

Together, with our partners, stakeholders, and the broader community, we aspire to build a brighter future for vulnerable young people, filled with safety, hope and opportunity.

Vision

To give safety, hope and opportunity to vulnerable young Australians.

Mission

To help young people in crisis by enabling best practice models of treatment for youth drug and alcohol addiction.

Values

Respect, Compassion, Generosity, Impact, Celebration.

IMPACT SNAPSHOT

Number of young people supported in the Triple Care Farm programs, in 2023.

Identity of Young People	Withdrawal Service 2023	Residential Rehab 2023
Aboriginal and Torres Strait Islander	10%	11%
Cultural and Linguistic Diversity	13%	18%
Male	61%	72%
Female	36%	26%
Non-binary	3%	2%

Presentations on Intake	Withdrawal Service 2023	Residential Rehab 2023
Substance misuse	100%	100%
Polysubstance misuse	92%	86%
Mental health issues	92%	92%
Hospital admissions (previous 6 months) for mental health/alcohol and other drugs	52%	50%
Family breakdown	78%	78%
Family history of substance misuse	80%	79%
Suicidal ideation (previous 6 months)	59%	60%
Suicide attempts (previous 6 months)	22%	23%
Unemployment	73%	71%
Experienced homelessness (ever)	65%	63%
Problematic gambling	12%	11%

Impact (across all programs)

67%
reduction in chronic substance use

83%
decrease in suicide attempts

68%
engaged in education and employment

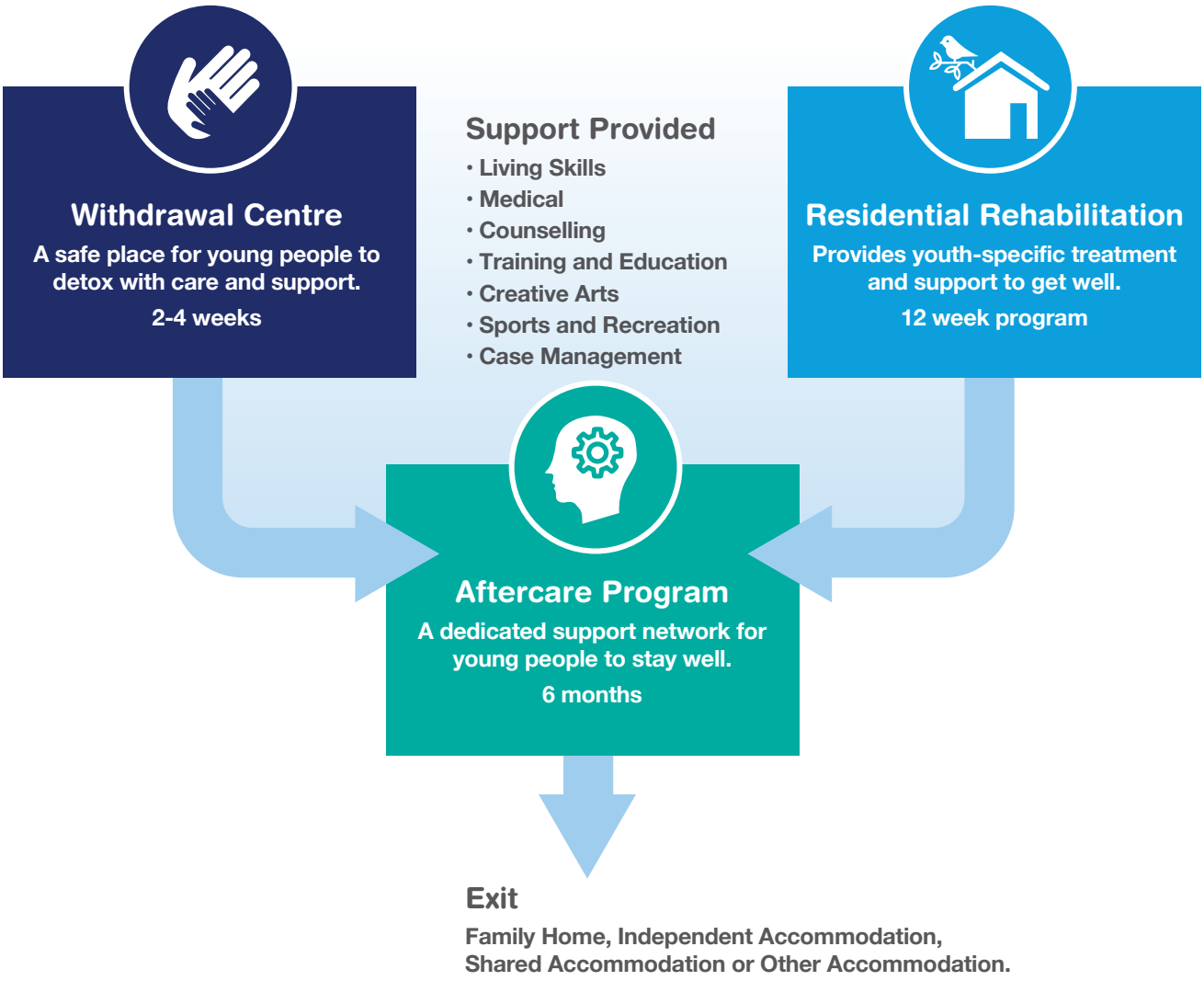
96%
in stable housing

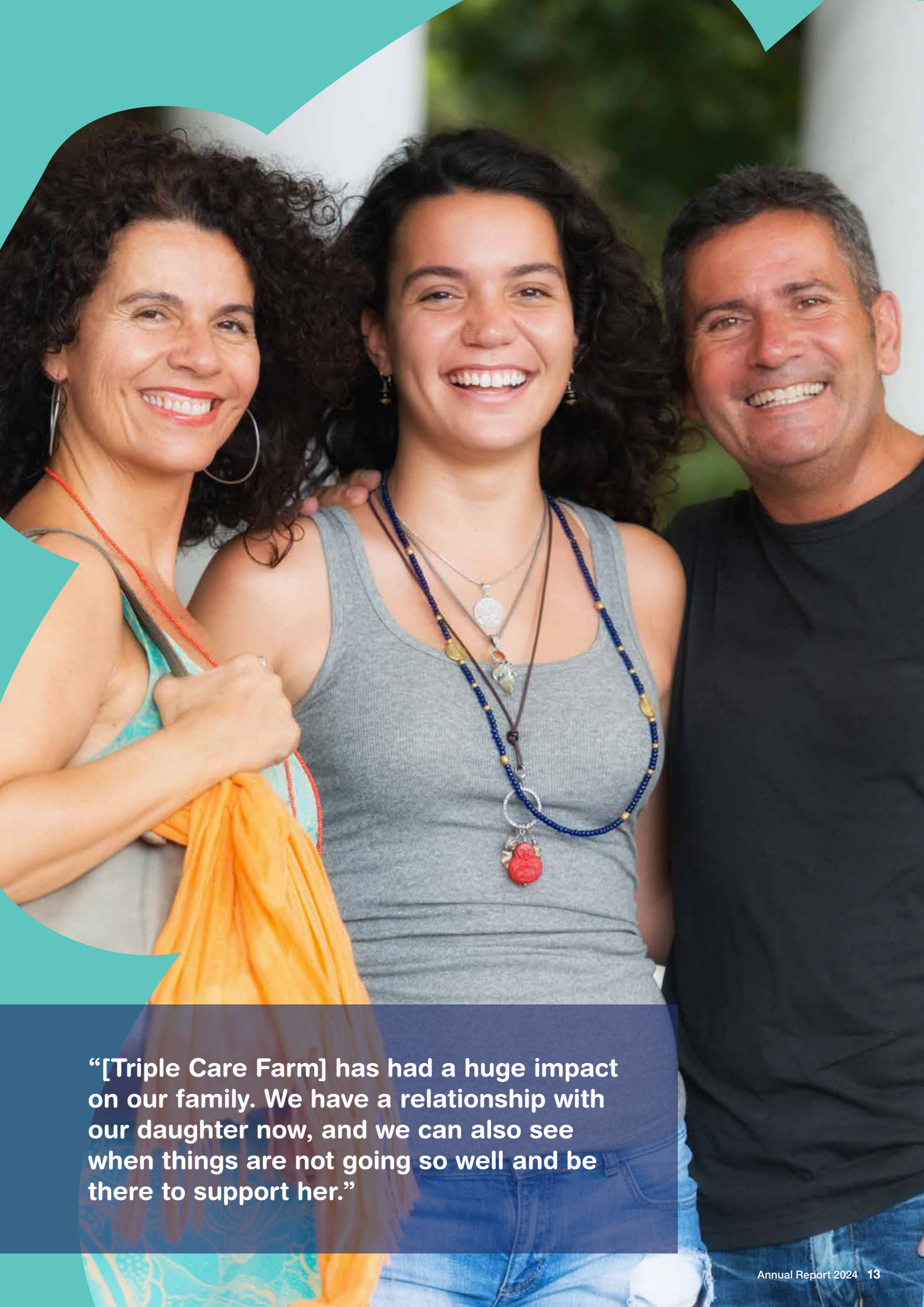
TREATMENT MODELS

The Foundation is the major philanthropic funder of Mission Australia's Triple Care Farm, a unique addiction treatment centre which gives vulnerable young Australians, aged 16-24, a safe place to get well and prepare for new opportunities.

The majority of young people seeking help at Triple Care Farm have underlying mental illness and/or trauma which is often masked by drug and alcohol addiction.

- 24-hour medical withdrawal management is provided in a health accredited clinical setting. Then the young person's needs are addressed through psychosocial treatment, individual and group counselling with on-site access to a GP and an Addiction specialist.
- Residential Rehabilitation includes vocational training and education, living skills and a sport and recreation stream. This holistic, innovative and evidence-based model allows young people to set their individual goals and build positive relationships and networks.
- Aftercare provides the vital wrap-around support necessary for young people when they return to the community. Here they maintain their goals to re-engage with education and employment, maintain healthy relationships and look after their own health and wellbeing.





“[Triple Care Farm] has had a huge impact on our family. We have a relationship with our daughter now, and we can also see when things are not going so well and be there to support her.”

WITHDRAWAL

David Martin Place is a youth-specific withdrawal facility providing 24/7 medical support on-site at Triple Care Farm. Young people are supported in a safe, secure and encouraging environment to give them the best chance of long-term success.

Adult withdrawal facilities aren't appropriate for young people who need a safe place to recover. Adult facilities don't address the reasons why young people begin using in the first place or equip them with the tools needed to break the cycle of addiction.

David Martin Place is purpose-built to meet the specific needs of young people. The detox process can be daunting, but the Withdrawal program ensures that young people have choices and access to the treatment option that best meets their needs.

The Withdrawal program aims to provide a safe and supportive environment to withdraw from substances and to connect with long term treatment options to sustain their individual substance use goals.

In 2023 in the Withdrawal program:

- 82 young people were provided care, to safely withdraw from substances in a supportive environment.
- the majority (64%) of the young people moved directly into the Triple Care Farm Residential Rehabilitation program.

Together with you, our generous donors, we are building a brighter future for vulnerable young people, filled with safety, hope and opportunity.

BAILEY'S STORY

Bailey found himself at a crossroads; his life derailed by addiction at only 20 years old. A harrowing experience involving his girlfriend's overdose became the catalyst for change. Days later, he entered David Martin Place (DMP), Triple Care Farm's youth-specific withdrawal unit.

Approaching DMP, Bailey felt a mix of fear and hope. "I was still high that day," he recalls truthfully. "I hadn't had a withdrawal yet, because I was high the night before." The reality hit him on the second day, as the structured environment and compassionate staff helped him confront his addiction.

Bailey found comfort in the youth-specific approach of the Withdrawal program. "I knew I was safe after the first day," he shares. The staff's non-judgemental attitude and the sense of community were crucial to his recovery. He fondly remembers Caroline, a nurse whose humour put him at ease.

The Withdrawal program provided Bailey with a safe space to begin his recovery journey. He learned crucial coping mechanisms and started to understand his addiction. The youth-specific nature of the facility was particularly beneficial, as Bailey felt he could relate to his peers and didn't feel out of place or vulnerable.

During his time at DMP, Bailey began to set goals for his future. With the support of the staff, he started to envision a life beyond addiction. The program's holistic approach, combining medical support with counselling, gave Bailey the tools he needed to prepare for the next stage of his recovery.

After completing Withdrawal, Bailey transitioned to Triple Care Farm's twelve-week Residential Rehabilitation program. Despite initial challenges, he thrived, developing strategies to manage cravings and engaging in therapy to confront his past and plan his future.

Today, Bailey's transformation is remarkable. He's excelling in studies, pursuing music, and maintaining strong family relationships. Bailey's journey highlights the importance of safe, supportive environments for young people's recovery.

RESIDENTIAL REHABILITATION

Sir David Martin Foundation is the major philanthropic funder of Mission Australia's Triple Care Farm, aiming to give vulnerable young people a safe place to get well and prepare for new opportunities.

Triple Care Farm's youth-specific drug and alcohol residential rehabilitation helps 16-24 year olds to overcome addiction and develop skills to find their independence in the community.

Through Triple Care Farm and the individual's commitment, **young people's lives are saved – moving from a high risk of suicide to hope for a brighter future.**

The Triple Care Farm program provides treatment and support for addiction and mental health issues, as well as opportunities for young people to gain useful skills for their future. By re-engaging with education and building job and living skills, they are better placed to be independent, find employment or go on to do further study.

Triple Care Farm supports young people to experience long-term changes, empowering them to live fulfilling and self-sufficient lives.

Key elements of the program are:

1 Treatment and Counselling

- One-on-one and group therapy
- Art and music therapy for self-expression
- Addresses underlying issues and contributing factors
- Provides coping techniques for addiction and mental health

2 Living Skills

- Shared housing with supervision
- Builds conflict resolution abilities
- Teaches essential domestic and budgeting skills
- Maintaining positive social relationships

3 Vocational and Educational Training

- Accredited and non-accredited VET programs
- Literacy and numeracy lessons
- TAFE Outreach partnership for Certificate II (Skills for Work & Training / Year 10 equivalent)

4 Sport and Recreation

- Fitness training and gym access, to form healthy habits
- Weekend excursions for fun group activities
- Activities include hiking, kayaking, surfing and swimming

KEIRA'S* STORY

At 21, Keira stood at the precipice of despair. Years of substance abuse had left her life in shambles – a string of arrests, hospital visits and broken relationships trailed in her wake. It was in this moment of crisis that she found Triple Care Farm, a lifeline that would transform her future.

The Residential Rehabilitation program at the Farm became Keira's sanctuary. The structured environment provided a stark contrast to the chaos of her life. Here, surrounded by compassionate staff and peers facing similar struggles, Keira began to confront the root causes of her addiction.

The program's holistic approach was unlike anything Keira had experienced before. Daily counselling sessions helped her unpack years of trauma and develop healthy coping mechanisms. Vocational training reignited her passion for learning, while fitness activities restored her physical health. For the first time in years, Keira felt a sense of purpose and hope.

One of the most impactful aspects of the Farm was the sense of community. Keira found solace in group therapy sessions, where she could share her struggles and triumphs with others who truly understood. The bonds formed during her stay became a crucial support network, extending well beyond her time at the Farm.

As Keira progressed through the program, she set ambitious goals for herself. With the guidance of the dedicated staff, she mapped out a plan for her future – one that included completing her education and pursuing a career in landscaping. The program's emphasis on life skills and practical planning gave Keira the tools she needed to turn these dreams into achievable targets.

Today, Keira is committed to her studies, working towards completing her Year 12 qualifications with outstanding results. Her growing stock of plants for her landscaping business and her daily 10km walks are living proof of the healthy habits and entrepreneurial spirit fostered during her time in the program.

Keira's story powerfully demonstrates how individualised, compassionate intervention can transform lives. As Keira continues to thrive, she often reflects on her time at the Farm with gratitude. The program didn't just save her life – it gave her a new one, full of purpose and possibility.

*Name changed and stock image used to protect privacy.

YOUTH NETWORK EXPANSION OF AFTERCARE

Aftercare is an evidence-based six-month wraparound support program to help young people transition safely back in the community after completing residential treatment programs. This vital program helps break the cycle of drug and alcohol addiction and connects more young people with community, housing, education and employment pathways.

Youth Network, an initiative by Sir David Martin Foundation, is an expansion of Aftercare which was driven by high demand and unmet need to help vulnerable young people with drug and alcohol addiction.

Thanks to our generous donors and in partnership with Mission Australia, we expanded Aftercare nationally to four youth Residential Rehabilitation sites in Robertson, Perth, Dubbo and Batemans Bay.

All the young people we supported in the first 12 months (January 2023 to December 2023) continue to make real and lasting change. Results include:

- Doubled the number of young people receiving Aftercare from 80 to 161 across all locations
- Broadened the intake age range from 16-24 to 12-24
- Higher representation of LGBTQI+ and Indigenous young people (now 28%)

An independent evaluator is working across all sites to assess the impact and efficacy of the network over a three-year period.

"Aftercare can help by guiding young people in the right direction, seeing them out in the community, keeping them on track and letting them know they're not alone."

– Brad, Aftercare Worker, Mission Australia's Drug and Alcohol Youth Service (DAYS)

MILLIE'S* STORY

Millie felt weary beyond her 21 years, trapped in a cycle of cannabis use and self-doubt. The strained silence between her and her parents echoed through their home, a constant reminder of the wedge her addiction had driven into their relationship. As another job application went unanswered, Millie realised something had to change.

As her 22nd birthday approached, Millie made a decision that would alter the course of her life. Determined, she checked into Mission Australia's Drug and Alcohol Youth Service (DAYS). It was during this stay that Millie met Brad, the new Aftercare Worker whose compassionate approach would prove instrumental in her recovery. Together, they mapped out a future that once seemed impossible – a stable home life and a career in childcare. For the first time in years, Millie dared to hope.

Returning to the community, Millie found herself better equipped to face the challenges ahead. Brad's unwavering support became her anchor, offering guidance, practical advice, and mentorship as she navigated early recovery. Their weekly sessions became a lifeline, helping Millie stay focused on her goals even when the path seemed daunting.

As weeks turned into months, Millie's transformation became evident. The fog of addiction lifted, revealing a young woman brimming with potential. Communication with her parents improved, mending the fractured relationships that had once seemed beyond repair. The tension in their home was replaced by a newfound warmth and understanding.

Millie's determination paid off when she secured a position as a childcare worker, a dream she had long harboured but never thought possible. Her employer, recognising her passion and dedication, offered her an opportunity that once would have seemed out of reach – the chance to pursue a Degree in Childcare Education.

Now, three months into her Aftercare support, Millie stands at the threshold of a bright future. The daily struggle with addiction has been replaced by a commitment to growth and self-improvement.
As she continues her weekly appointments with Brad, Millie reflects on her journey with a mixture of pride and gratitude. With determination and Brad's support, Millie hasn't just turned her life around – she's rewritten her story, one day at a time.

*Name changed and stock image used to protect privacy.

YOUTH NETWORK

Triple Care Farm, Robertson, NSW

Triple Care Farm is a youth drug and alcohol program offering Withdrawal, Rehabilitation and Aftercare support to 16-24 year old Australians.

Triple Care Farm is based on 150 acres of farmland, surrounded by native wildlife, with scenic views of the Illawarra escarpment, a calming setting for young people to focus on their recovery goals and to get well.

Age range:	16-24
Length of programs:	Up to 1 month Withdrawal and 3 months Rehabilitation
No of beds:	10 Withdrawal, 18 Residential Rehab
Referrals:	Health, NSW Youth Justice and voluntary via Foundation website
Program activities:	• Medical care and psychosocial skills • Counselling and case management, with access to ongoing medical care • Vocational Education and Training on site, literacy, numeracy and computer skills, personal development, employment preparation with TAFE courses • Life skills, learning to be independent and navigate applications and housing contracts

Walawaani, Batemans Bay, NSW

Based on the Triple Care Farm model, this facility opened in February 2023. The Residential Rehabilitation program provides 12 weeks of treatment and support for addiction and mental health issues for young people aged 16-24.

This new facility is based on 17 acres of bushland and is a space where youth in crisis can be nurtured through rehabilitation and given the best chance to break the cycle of addiction.

Age range:	16-24
Length of programs:	Up to 3 months
No of beds:	10 Residential Rehab
Program activities:	• Medical care and psychosocial support • Counselling and case management, with access to ongoing medical care • Vocational Education and Training on site, literacy, numeracy and computer skills, personal development, employment preparation with TAFE courses

Drug and Alcohol Youth Service (DAYS), East Perth, WA

The Drug and Alcohol Youth Services (DAYS) is an Integrated Service, offering a multidisciplinary approach in supporting young people to access alcohol and other drug (AOD) treatment options.

Based in the city, offering support to young people from Perth and surrounds, DAYS offers a community-based outpatient service, a short stay Youth Withdrawal and Respite service and a longer stay Residential Rehabilitation service. DAYS is a partnership between Mission Australia and Next Step Drug and Alcohol Services.

Age range: 12-21

Length of programs: Up to 3 months

No of beds: 8 Withdrawal, 10 Residential Rehab

Referrals: Referrals are received from a number of sources, including other AOD services such as Community Alcohol and other Drug services (CADS), hospital emergency departments, mental health services, court assessment and treatment services, juvenile justice officers, the Department for Communities, parents and client self-referral.

Program activities:

- Comprehensive assessment and case management
- Individual counselling and clinical psychology services
- Medical assessment and review
- Parent and family counselling and Aboriginal mentoring
- Opiate and alcohol pharmacotherapy and alternate therapy

Mac River Centre Rehabilitation Program, Dubbo, NSW

Mac River Centre is an intensive youth-specific residential rehabilitation program in Central West NSW. Over three months, the program provides trauma-informed and culturally safe support to young people aged 13 to 18, with a history of significant substance use and offending behaviour.

Mac River is based on 50 acres of land 20km out of Dubbo which adds to the healing atmosphere.

Age range: 13-18

Length of programs: Up to 3 months

No of beds: 8 Residential Rehab

Referrals: NSW Youth Justice after withdrawal at a hospital

Program activities:

- Living skills and risk factors to offending
- Family connection and relationship building
- Counselling and case management, with access to medical care
- Aboriginal and Torres Strait Islander liaison officer
- Vocational Education and Training on site, literacy, numeracy and computer skills, personal development, employment preparation
- The Centre has an onsite pool, school room, gym, cultural garden with yarning circle, vegetable garden and football oval.

ADVOCACY

Stigma, judgment, and misinformation are formidable obstacles preventing young people and their families from seeking help for drug and alcohol addiction. Sir David Martin Foundation aims to dismantle these barriers and empower our youth to take the first step towards recovery. The stark reality is that substance addiction remains the world's most stigmatised health condition, according to the World Health Organization.* In Australia, one-third of those struggling with problematic alcohol and drug use never seek help, with 38% under 30 years old.^

Together, we can create a more understanding, supportive society where every young person feels empowered to seek the help they need and deserve.

Awareness campaign

This year, we launched the 'Get Comfortable with the Uncomfortable' campaign to address the stigma surrounding addiction discussions among youth. Coinciding with Youth Week (April 11-21), this initiative aimed to empower young people to have difficult conversations about drug and alcohol use with their peers. A free toolkit, developed with input from clinical professionals and our Youth Advisory Group, was made available to provide guidance on initiating these conversations safely and effectively. This campaign underscores our commitment to equipping young people with the necessary tools to support their friends and potentially save lives through open dialogue about addiction.

Youth Advisory Group

The Youth Advisory Group, comprising Australians aged 16-29, ensures a strong youth voice guides our efforts to help young people in crisis. The diverse members contribute their passion, experiences, and insights to shape our understanding of youth issues and inform our initiatives.

Their input is crucial in addressing the health and wellbeing concerns of young people in our community.

This year, members of the group came together and collaboratively developed a mission statement to more strategically guide their efforts.

Youth Advisory Group Mission Statement

"We, the Youth Advisory Group, are a diverse and passionate group of young individuals with a variety of lived experiences. With this rich tapestry, we are dedicated to promoting the well-being of youth, especially those in crisis. Our work is rooted in our personal journeys and the powerful relationships we've built along the way.

Through education, advocacy, and fundraising, our mission is positive change in the accessibility of support for young people in crisis. We advise and collaborate in a way that leverages collective knowledge, lived experience, and diversity to ensure inclusive representation of the current youth experience."

Youth Advisory Group members, Harrison Waterworth and Jessica Pereria.

* Room R, Rehm J, Trotter RT, Paglia A, Ustun TB. Cross cultural views on stigma valuation parity and societal attitudes towards disability. Seattle: Hofgrebe & Huber; 2021.

^ Australian Institute of Health and Welfare. Alcohol and other drug treatment services in Australia: early insights. Canberra: AIHW; 2024.

“It was all the staff, not just formal parts of the program which made it great. All of the staff were always there and available to talk to you – you didn’t have to make an appointment if you wanted to talk. It helped me to open up.”

COMMUNITY & EVENTS

Thank you so much to all our incredible supporters for celebrating with us this year.

We're continually inspired by the community's commitment to supporting young people in crisis. Your participation in these events directly contributes to transforming lives.

InfoTrack Cake Auction: August 2023

Our friends at InfoTrack held their annual cake auction, with Sydney and Brisbane offices participating. All funds raised supported the Residential Rehabilitation and Withdrawal programs at Triple Care Farm. A huge thank you to all those who took part in the bidding and for baking such amazing cake creations.

HMAS Supply II Working Bee: September 2023

In a heart-warming display of community spirit, crew members from the Royal Australian Navy's HMAS Supply came to Triple Care Farm for a working bee to repair and beautify the duck pond area. Lieutenant David Gouge, who was at the helm of this initiative, praised the crew's dedication to community service. He emphasised how projects like this provide an opportunity for naval personnel to give back to the communities that support them, while fostering teamwork and camaraderie among the crew members themselves.

Royal Motor Yacht Club Cocktail Reception: October 2023

The Royal Motor Yacht Club and the Royal Australian Navy held a night to remember – a Cocktail Reception aboard HMAS Supply II. There was an exciting auction and raffle which raised vital funds to help young people when they need it most.

This wonderful night was a continuation of our long-term partnership with the Royal Motor Yacht Club, whose longstanding support of young people is truly inspiring. We would like to thank them for their incredible generosity and commitment to making this evening so special.

Triple Care Farm and Walawaani Graduation: December 2023

It was with immense pride that we came together at Triple Care Farm for the 2023 Graduation ceremony. We celebrated the remarkable achievements of the young people who successfully completed the Withdrawal and Residential Rehabilitation programs at Triple Care Farm and Walawaani (Batemans Bay).

Lady Martin presented the Lady Martin Scholarship to deserving individuals, supporting independent living and ongoing education. The ceremony marked the end of one chapter and the beginning of hopeful futures for our graduates.

Government House Reception: April 2024

Our Patron, Her Excellency the Honourable Margaret Beazley AC KC, and Mr Wilson, hosted a special reception for donors and supporters at Government House. The event was a celebration of the Foundation's work and a powerful display of unity and shared purpose that underscores the importance of family foundations. We thank Her Excellency for her patronage and generosity.

Walk for Youth: May 2024

Our community walked 150km throughout May to raise funds for youth in crisis! Thanks to our dedicated fundraisers, over $130,000 was raised. Special thanks to Bill Bracey and Sydney Financial Planning for their extraordinary contribution, and to AMP Foundation for their generous dollar-matching support. The community spirit and commitment to supporting young people in crisis is truly inspiring.

Community Partners

City of Sydney RSL & Community Club Ltd

Club York Bowlers Club of NSW

Country Women's Association of NSW, Berry Branch

Eurobodalla LGA - Catalina Country Club

HMAS Supply II Royal Australian Navy

InfoTrack

Kogarah Quilters

Lions Club of Minnamurra Inc

PwC Australia

RAN Sailing Association

Royal Motor Yacht Club

Pro-bono Partner

KING&WOOD MALLESONS
金杜律师事务所

THANK YOU TO OUR SUPPORTERS

Philanthropic Partners

Almgren Family

Judy Walker

Andrew Pratten Charitable Trust

Maple-Brown Family Foundation

Doc Ross Foundation

William Bracey

Philanthropic Supporters

A N Wales AM & Mrs G Wales

Amy & Julian Biggins

Andrew & Emma Maple-Brown

Anna MacIntyre

Anthony Sweetman

ATS Charitable Foundation

Community Enterprise Foundation (Bendigo and Adelaide Bank)

David and Margaret Mullen

David Adams

Frank Davidson

Gina Grubb

Jacqueline and Justin Playfair

James N Kirby Foundation

Janet Grimsdale

Jann E Skinner

Jennifer M Smith

Jeremy Stoljar SC

Macquarie Group Foundation

Michaela Arnott Foundation

Mundy Family Charitable Foundation

Murray D Freeman

Norman K Brunsdon AM

Peter Evans

Prescott Family Foundation

Reg Richardson AO

Roger M Halstead

Skipper Jacobs Charitable Trust

The Adolph Basser Trust

The Broinowski Foundation

The Corio Foundation

The Harlyn Foundation

The Karen and John Kightley Foundation

The Rodwell Foundation

The Teen Spirit Foundation

The Vernon Foundation

The Woodend Foundation

Todd Family Foundation

Tony and Gail Hirst

Tracy Norman

Warrington Charities Pty Ltd

Woods5 Foundation

…and many other generous and anonymous donors

THE IMPACT OF LEGACY

Sir David Martin Foundation's mission to help young people in crisis continues to thrive thanks to the generosity of our supporters. This year, we are especially grateful for the thoughtful individuals who are generously ensuring a lasting impact through gifts in their Wills.

For decades, we have been helping young people get a second chance in life. This ongoing commitment would not be possible without the generosity of our donors, particularly those who have chosen to leave gifts in their Wills.

Bequests

We extend our sincere gratitude to the following individuals whose bequests have supported our Foundation this year:

- **Estate of the Late Ann Plotke**
- **Estate of the Late Barbara Poynton**
- **Estate of the Late Janette E Hamilton**
- **Estate of the Late Virginia Spate**

Their thoughtful contributions will help us continue providing support to young Australians in crisis well into the future. These bequests enable us to maintain our life-changing programs, offer safe environments for recovery, and provide essential counselling and vocational training.

Narelle's gift for the future

Inspired after witnessing Sir David's impassioned words about providing safety, hope and opportunity for young Australians during a speech at Trinity Grammar School many years ago, Narelle Phipps has shared her heartfelt reasons for leaving her own legacy.

"Sir David Martin Foundation is very important to me, and creating a new Will presented the opportunity to make a meaningful contribution to the Foundation's wonderful work, by leaving a gift for the future."

We're incredibly grateful to Narelle for sharing how impactful the decision to make a gift like this can be. Leaving a gift in your will enables you to leave a lasting legacy of support for causes you are deeply passionate about.

Narelle's decision to include the Foundation in her Will reflects her deep commitment to support our lifesaving work for young people in crisis, ensuring that her values and love for the Foundation's vital work continues, creating a ripple effect of positive change for generations to come.

FINANCE REPORT

INCOME	FY24	%	FY23	%
Fundraising appeals	420,419	11%	364,801	10%
Fundraising events	150,486	4%	147,335	4%
Major Gifts, Trusts & Foundations & Corporates	2,308,950	59%	2,358,173	63%
Bequest and legacy income	197,633	5%	79,384	2%
Community & Regular Giving	172,930	4%	137,766	4%
FR Subtotal	**3,250,418**		**3,087,459**	
Other Income	0	0%	0	0%
Net finance income	671,342	17%	658,375	18%
Total	**3,921,759**	**100%**	**3,745,834**	**100%**

DISTRIBUTION AND EXPENSES	FY24	%	FY23	%
Program Funding	4,003,018	102%	3,878,297	104%
Provision for future program funding	-1,515,478	-39%	-1,383,409	-37%
Expenses related to fundraising and administration	1,434,219	37%	1,250,946	33%
Total	**3,921,759**	**100%**	**3,745,834**	**100%**

EXPENSES RELATED TO FUNDRAISING AND ADMINISTRATION				
Personnel	838,363	58%	786,170	63%
Direct Fundraising, events and marketing	324,686	23%	257,349	21%
Admin	271,170	19%	207,427	17%
Total	**1,434,219**	**100%**	**1,250,946**	**100%**

FUNDRAISING DIRECT COSTS TO FUNDRAISING INCOME RATIO	FY24	%	FY23	%
	10%		**8.3%**	

BALANCE SHEET

in AUD	**2024**	**2023**
Assets		
Cash and cash equivalents	600,121	132,677
Trade and other receivables	275,776	58,734
Investments	5,085,395	8,470,567
Total current assets	**5,961,292**	**8,661,978**
Trade and other receivables	-	-
Total non current assets	-	-
Total assets	**5,961,292**	**8,661,978**
Liabilities		
Trade and other payables	40,646	1,233,623
Employee benefits - provision for annual leave	40,381	40,771
Total current liabilities	**81,027**	**1,274,394**
Employee benefits - provision for long service leave	13,197	5,033
Total non-current liabilities	**13,197**	**5,033**
Total liabilities	**94,224**	**1,279,427**
Net assets	**5,867,068**	**7,382,551**
Equity		
Settled sum	10	10
Accumulated surplus	5,867,058	7,382,541
Total equity	**5,867,068**	**7,382,551**

GOVERNANCE

Sir David Martin Foundation is a foundation run by a small team of staff and overseen by a Board of Governors. The Trustee is Mission Australia.*

Board of Governors

The Governors of the Trust, who held office during the financial year were:

Captain Will Martin RAN (Rtd) – Chair

Lady Martin OAM – Founder

Anthony Cheshire SC

Anna Beaumont (start Feb 2024)

Peter Evans

Annalie Davies

Paul Hennessy

Saskia Lo

Jason Millett

Andrew Sharpe

Foundation Staff

Helen Connealy – CEO

Jennifer Ball – Marketing Communications Manager

Anna Beaumont – Philanthropy Manager (end Dec 2023)

Olivia Carney – Database & Operations Officer

Molly Hutchinson – Fundraising & Marketing Coordinator

Jenny Leahy – Philanthropy Manager

Jennifer Worgan – Digital Marketing Officer

Youth Advisory Group

Jessica Pereira – Chair

Maddy Forde

Lincoln Pullin

Lucy Stronach

Sarah Ticehurst

Harrison Waterworth

*Mission Australia was the Trustee of Sir David Martin Foundation in FY24. As of 1 July 2024, the Trustee is Sir David Martin Foundation Ltd, and is governed by a Board of Directors.

GET INVOLVED

Make a donation

Donate and help young, vulnerable Australians break the cycle of addiction and have hope for a brighter future.

Join our regular giving program Team180

A regular monthly donation is a wonderful way to provide consistent and ongoing support, enabling us to commit to long-term projects that align with our vision.

Become a corporate partner

Encourage your company to partner with us or ask about starting a workplace giving program to give back.

Leave a gift in your Will

Leaving a gift in your Will to Sir David Martin Foundation ensures a lasting impact on the lives of young Australians in crisis.

Start a fundraiser

Whether you walk, swim, run, or bake, challenge yourself with friends and get involved to raise funds for young people in crisis.

Share your story

By sharing our stories, we find common ground and an opportunity to connect. If you feel comfortable, we'd love to hear your story.

DONATE HERE

CONTACT US

CONTACT US

Email: admin@martinfoundation.org.au
Call: 1300 951 009
www.martinfoundation.org.au

Acknowledgement of Land: We acknowledge the traditional custodians of the land on which we work, and we pay our respects to the Elders past, present and future.

We recognise the importance of the young people who are the future leaders.

Sir David Martin Foundation
is a registered charity with ACNC.

SIR david martin FOUNDATION

MAJOR PHILANTHROPIC PARTNER OF

MISSION AUSTRALIA